



ERAS[®] Society
12th ERAS[®] World Congress
 14 – 16 May 2026 • Suntec Singapore Convention & Exhibition Centre
Breaking Frontiers, Strengthening Foundations



www.erasworldcongress.com

14 May 2026, Thursday | Pre-Congress: ERAS[®] Course, Specialty Sessions and Workshops

Time/Room	Duration	Programme at a Glance		
0730 onwards		Registration		
0800 – 1015		Summit 1, Level 3		
1015 – 1045		ERAS [®] Course (Part 1)		
1045 – 1115		Patient Blood Management in ERAS		
1115 – 1330		Coffee/Tea Break		
1330 – 1400		Summit 1, Level 3		
1400 – 1730		ERAS [®] Course (Part 2)		
1330 – 1400		Lunch		
1400 – 1730		ERAS [®] SPECIALTY SESSIONS		
1400 – 1730		1: Obstetrics & Gynecology Group Symposium (Summit 1, Level 3)	2: Paediatrics Forum (Room 324, Level 3)	3: Orthopaedic (Room 325, Level 3)
1400 – 1730		Prehabilitation in Action Workshop (Room 326, Level 3)		
End of Pre-Congress: ERAS [®] Course, Specialty Sessions and Workshops				

15 May 2026, Friday | Day 1, Main Congress

Time/Room	Duration	Programme at a Glance		
0730 onwards		Registration		
0815 – 0830		Summit 1, Level 3		
0830 – 1010		Opening Ceremony		
1010 – 1040		Session I: Surgical Safety and Checklists		
1040 – 1125		Coffee/Tea Break, Exhibition & Poster Viewings		
1125 – 1305		Singapore ERAS Lecture: Value-Based Care in Surgery		
1305 – 1405		Session II: ERAS Post Discharge		
1405 – 1545		Satellite Lunch Symposium: Closing the Loop: Integrating ONS Across the Surgical Continuum for Enhanced Recovery		
1545 – 1630		Session III: Pathophysiology of Recovery – Future Challenges		
1630 – 1700		Ljungqvist Lecture: Safety and Excellence in Aviation – Cross-Learning Opportunities between Aviation and Healthcare		
1700 – 1830		Coffee/Tea Break, Exhibition & Poster Viewings		
1830 – 1900		Session IV: ERAS Nursing Session		
1930 – 2200		Welcome Reception (Level 3, Concourse, Suntec Convention Centre)		
1930 – 2200		Faculty Dinner (By Invite Only)		
End of Day 1				

16 May 2026, Saturday | Day 2, Main Congress

Time/Room	Duration	Programme at a Glance		
0800 onwards		Registration		
0745 – 0815		Summit 1, Level 3		
0830 – 0900		General Assembly (Members Only)		
0900 – 1100		Kehlet Lecture: Large Scale Randomised Trials in Perioperative Care		
1100 – 1130		Session V: ERAS Outcomes Research		
1130 – 1300		Coffee/Tea Break, Exhibition & Poster Viewings		
1300 – 1400		Session VI: Abstract Session		
1400 – 1405		Satellite Lunch Symposium: Post Surgical Strategies: Incision Care, Blister Prevention and Multidisciplinary Collaboration		
1405 – 1450		Announcement of ERAS [®] 2027 World Congress		
1450 – 1650		Fearon Lecture: Safe Surgery in Space		
1650 – 1715		Session VII: Prehabilitation and Preoptimisation		
1715 – 1845		Coffee/Tea Break, Exhibition & Poster Viewings		
1845 – 1900		Session VIII: Asia Pacific ERAS		
1845 – 1900		Prizes and Congress Closing Remarks		
Congress Adjourn				

The programme is accurate as of the time of publication (7 May 2026). It is subject to change at the discretion of the Organising Committee without prior notice.



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14 May 2026, Thursday | Pre-Congress: ERAS[®] Course, Specialty Sessions and Workshops

Time/Room	Duration	Programme
		<i>Summit 1, Level 3</i>
0730 onwards		<i>Registration</i>
0800 – 1300	<i>5 hours</i>	ERAS[®] Course Session Chairs: Allyson Cochran, United States Kwang Yeong How, Singapore
0800 – 0815	<i>15 mins</i>	Introduction
0815 – 0845	<i>30 mins</i>	ERAS[®] Fundamentals – Why and How It Works Ulf Gustafsson, Sweden
0845 – 0915	<i>30 mins</i>	Nursing in ERAS[®] Charlette Hart, United States
0915 – 0945	<i>30 mins</i>	Preoperative Medical Optimisation Chris Jones, United Kingdom
0945 – 1015	<i>30 mins</i>	Perioperative Nutrition – The Right Stuff At The Right Time Marianna Ramona S. Sioson, Philippines
1015 – 1045	<i>30 mins</i>	Patient Blood Management in ERAS Dongho Choi, Republic of Korea
1045 – 1115	<i>30 mins</i>	<i>Coffee/Tea Break</i>
1115 – 1145	<i>30 mins</i>	Anaesthesia in ERAS[®] Chris Jones, United Kingdom
1145 – 1215	<i>30 mins</i>	Surgery in ERAS[®] Kwang Yeong How, Singapore
1215 – 1245	<i>30 mins</i>	Postoperative Mobilisation – How Soon and How Much? Tom Wainwright, United Kingdom
1245 – 1315	<i>30 mins</i>	ERAS[®] Implementation – What Is the Method in the Madness? Vera Lim Qin Yi, Singapore
1315 – 1330	<i>15 mins</i>	Summary and Closing Remark
1330 – 1400	<i>30 mins</i>	<i>Lunch</i>
1400 – 1730	<i>3.5 hours</i>	SPECIALTY SESSION 1 ERAS[®] Obstetrics & Gynecology Group Symposium
1400 – 1510	<i>70 mins</i>	Session I: ERAS Rapid-Fire Session: Prove Me Wrong Moderator: Pedro T Ramirez, United States
1400 – 1410	<i>10 mins</i>	Overuse of ERAS Items <i>Low-Value Components in Pathway</i> Gvantsa Kochiashvili, Georgia
1410 – 1420	<i>10 mins</i>	Anesthesia Variability is #1 Barrier to ERAS-Not Surgery <i>Stop Blaming the Surgeon</i> Gabriel Mena, United States
1420 – 1430	<i>10 mins</i>	Opioid-Free Pathway <i>Fantasy or the Inevitable Future</i> Helena Obermair, Australia
1430 – 1440	<i>10 mins</i>	Prehabilitation in Gynecologic Surgery <i>Hard Evidence vs Overhyped Enthusiasm</i> Teresa Lucia Pan, Austria
1440 – 1450	<i>10 mins</i>	Forced Early Feeding: Are We Harming Patients? <i>A Call for Risk Stratification</i> Joannie Neveu, Canada
1450 – 1510	<i>20 mins</i>	Discussion
1510 – 1540	<i>30 mins</i>	Session II: ERAS Innovation Debates: The Future is Near Moderator: Jose Soliz, United States
1510 – 1520	<i>10 mins</i>	AI Will Replace ERAS Coordinators PRO: Gabriella Schivardi, Italy CON: Paula Mateo, Spain
1520 – 1530	<i>10 mins</i>	ERAS Research Quality is Weak: A Time to Demand RCTs PRO: Kamilla Luca David, Hungary CON: Stephanie Gill, Canada
1530 – 1540	<i>10 mins</i>	Predicting ERAS Success: Home Environment is What Matters PRO: Arthur Hsu, Taiwan CON: Bella Jugeli, Georgia
1540 – 1600	<i>20 mins</i>	<i>Coffee/Tea Break</i>
1600 – 1640	<i>40 mins</i>	Session III: Global ERAS Moderator: Joseph S. Ng, Singapore
1600 – 1615	<i>15 mins</i>	Unequal Recovery: Racial and Ethnic Barriers to ERAS Kristin Black, Canada
1615 – 1630	<i>15 mins</i>	Transforming Perioperative Care in LMICs: The ERAS Opportunity Florencia Noll, Argentina
1630 – 1640	<i>10 mins</i>	Discussion
1640 – 1710	<i>30 mins</i>	Session IV: ERAS 2026 Best OBGYN Abstracts Moderator: Kevin Elias, United States
1640 – 1650	<i>10 mins</i>	[OP-0069] Proving Their Worth: A Pilot Randomised Controlled Feasibility and Safety Study Testing Individual ERAS Interventions in Perioperative Ovarian Cancer Surgery - The TIPS Study Alison Brand, Australia
1650 – 1700	<i>10 mins</i>	[EI-0043] Association of Gastro-oesophageal Reflux Disease (GORD) with Preoperative Carbohydrate Loading Compliance and Selected Post-operative Outcomes in Gynaecological Surgery Patients Managed with an ERAS Protocol Kamilla Luca David, United States
1700 – 1710	<i>10 mins</i>	[OP-0034] Post-operative Analgesia in Women Undergoing Open Abdominal Gynaecological Oncology Surgery With or Without Ultrasound-guided Bilateral Erector Spinae Plane Block: A Randomised Controlled Trial Anjali Gera, India
1710 – 1740	<i>30 mins</i>	Session V: Keynote Lecture Moderators: Sean Dowdy, United States Jeffrey Low, Singapore
1710 – 1730	<i>20 mins</i>	ERAS Gynecologic Oncology Guidelines – 2026 Update Gregg Nelson, Canada
1730 – 1740	<i>10 mins</i>	Discussion

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14 May 2026, Thursday | Pre-Congress: ERAS[®] Course, Specialty Sessions and Workshops

Time/Room	Duration	Programme
		Room 324, Level 3
1400 – 1730	3.5 hours	SPECIALTY SESSION 2 ERAS[®] Paediatrics Forum Chairs: Megan Brockel, United States Kyle Rove, United States
1400 – 1405	5 mins	Welcome Remark Kyle Rove, United States
1405 – 1410	5 mins	Introduction Megan Brockel, United States
1410 – 1450	40 mins	Session I: ERAS in Paediatric Surgery — Why it works
1410 – 1430	20 mins	Why Paediatric ERAS Works: Physiology, Bundles, and Standardisation Catherine Dawson-Gore, United States
1430 – 1450	20 mins	Panel Discussion Moderator: Kyle Rove, United States Panellists: Megan Brockel, United States Catherine Dawson-Gore, United States David De Beer, United Kingdom
1450 – 1500	10 mins	Break
1500 – 1650	110 mins	Session II: Key Elements for Paediatric Protocols
1500 – 1510	10 mins	Multidisciplinary Preoperative Education Megan Brockel, United States
1510 – 1525	15 mins	Preoperative Carbohydrate Loading, IV Fluids, Early Feeding, and PONV Mary Brindle, Canada
1525 – 1540	15 mins	Infection Prevention as Part of ERAS Bundle of Care Kyle Rove, United States
1540 – 1550	10 mins	Panel Discussion Moderator: Kyle Rove, United States Panellists: Megan Brockel, United States David De Beer, United Kingdom
1550 – 1600	10 mins	Coffee/Tea Break
1600 – 1615	15 mins	Multimodal Analgesia & Minimising Opioids David De Beer, United Kingdom
1615 – 1625	10 mins	Avoiding Excess LDAs (Lines, Drains, Airways) Mercedes Pilkington, Canada
1625 – 1635	10 mins	ERAS Implementation and Outcomes for Paediatric Cardiac Surgery Prem Venugopal, Australia
1635 – 1650	15 mins	Panel Discussion Moderator: Megan Brockel, United States Panellists: Mercedes Pilkington, Canada Prem Venugopal, Australia
1650 – 1700	10 mins	Break
1700 – 1730	30 mins	Session III: Making It Work (Practical Tips for Sustainability)
1700 – 1715	15 mins	Beyond the Bottom Line: Making a Case for an ERAS Culture Sherif Emil, Canada
1715 – 1730	15 mins	Discussion
1730		Conclusions Megan Brockel, United States Kyle Rove, United States

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Time/Room	Duration	Programme
		Room 325, Level 3
1400 – 1630	2.5 hours	SPECIALTY SESSION 3 ERAS[®] Orthopaedic Chairs: Tom Wainwright, United Kingdom Tan Tong Leng, Singapore
1400		Introduction & Welcome Tom Wainwright, United Kingdom
1400 – 1510	70 mins	Session I: Asia and Pacific Updates
1400 – 1415	15 mins	ERAS in Singapore Tan Tong Leng, Singapore
1415 – 1425	10 mins	ERAS Surgical Implementation in Hong Kong Lewis PK Chan, Hong Kong SAR
1425 – 1435	10 mins	ERAS Anaesthetic Implementation in Hong Kong Danny Ip, Hong Kong SAR
1435 – 1450	15 mins	Enabling technology in ERAS Arthroplasty Darren Tay, Singapore
1450 – 1510	20 mins	Panel Discussion
1510 – 1525	15 mins	Coffee/Tea Break
1525 – 1630	65 mins	Session II: Evidence Updates
1525 – 1540	15 mins	Pain Management for Hip and Knee Replacement: An Update Henrik Kehlet, Denmark
1540 – 1555	15 mins	Day Case Hip and Knee Replacement Henrik Kehlet, Denmark
1555 – 1610	15 mins	Do We Need Rehabilitation After Hip and Knee Replacement? Tom Wainwright, United Kingdom
1610 – 1630	20 mins	Panel Discussion
<i>End of ERAS[®] Course, Specialty Session and Workshops</i>		

14 May 2026, Thursday | Pre-Congress: ERAS[®] Course, Specialty Sessions and Workshops

Time/Room	Duration	Programme
		Room 326, Level 3
1400 – 1730	3.5 hours	Prehabilitation in Action Workshop Faciliator: Bernhard Riedel, Australia
1400 – 1415	15 mins	Welcome and Background Bernhard Riedel, Australia
1415 – 1445	30 mins	Peter MacCallum Cancer Centre Prehabilitation Service, Toolkit introduction Christina Prickett and Jess Crowe, Australia
1445 – 1500	15 mins	Universal Prehabilitation Catherine Sinton, Australia
1500 – 1505	5 mins	Case Study Introduction Jess Crowe, Australia
1505 – 1525	20 mins	Medical Optimisation/Shared Decision Making Emily Traer and Rajib Ahmed, Australia
1525 – 1545	20 mins	Break
1545 – 1605	20 mins	Medical optimisation/Shared Decision Making Emily Traer and Rajib Ahmed, Australia
1605 – 1620	15 mins	Exercise Jess Crowe, Australia
1620 – 1635	15 mins	Nutrition Anna Beaumont, Australia
1635 – 1650	15 mins	Psychology Christina Prickett, Australia
1650 – 1730	40 mins	Discussion
<i>End of ERAS[®] Course, Specialty Session and Workshops</i>		

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15 May 2026, Friday | Day 1, Main Congress

Time/Room	Duration	Programme
		<i>Summit 1, Level 3</i>
0730 onwards		<i>Registration</i>
0815 – 0830	<i>15 mins</i>	Opening Ceremony Ulf Gustafsson, Sweden Gregg Nelson, Canada Kwang Yeong How, Singapore
0830 – 1010	<i>100 mins</i>	Session I: Surgical Safety and Checklists Chairs: Gregg Nelson, Canada Pedro Ramirez, United States
0830 – 0850	<i>20 mins</i>	Reimplementation of the Surgical Safety Checklist Tan Hiang Khoo, Singapore
0850 – 0910	<i>20 mins</i>	The OR Black Box: Using Technology to Enhance Human Performance Chloe Kimi Nobuhara, United States
0910 – 0930	<i>20 mins</i>	Integration of ERAS and the Surgical Safety Checklist Mary Brindle, Canada
0930 – 1010	<i>40 mins</i>	Addressing barriers to implementation of the Surgical Safety Checklist Panel Discussion Moderator: Gregg Nelson, Canada Panellists: Ulf Gustafsson, Sweden Pedro Ramirez, United States Tan Hiang Khoo, Singapore Chloe Kimi Nobuhara, United States Mary Brindle, Canada
1010 – 1040	<i>30 mins</i>	<i>Coffee/Tea Break, Exhibition & Poster Viewings</i>
1040 – 1125	<i>45 mins</i>	Singapore ERAS Lecture: Value-Based Care in Surgery Kenneth Mak, Singapore Fereen Liew, Singapore Chair: Kwang Yeong How, Singapore
1125 – 1305	<i>100 mins</i>	Session II: ERAS Post Discharge Chairs: Allyson Cochran, United States Mary Brindle, Canada
1125 – 1145	<i>20 mins</i>	Emergency and Elective Colorectal Surgery – Differences in Recovery Varut Lohsiriwat, Thailand
1145 – 1205	<i>20 mins</i>	Promoting Recovery at Home – Using Mobile Health Applications Nikhil Panda, United States
1205 – 1225	<i>20 mins</i>	Post Discharge Nutritional Care Marianna Sioson, Philippines
1225 – 1245	<i>20 mins</i>	What Do Patients Want Post-Discharge? Patient Perspective Prabu Naidu, Singapore
1245 – 1305	<i>20 mins</i>	Discussion
1305 – 1405	<i>60 mins</i>	Satellite Lunch Symposium: Closing the Loop: Integrating ONS Across the Surgical Continuum for Enhanced Recovery Moderator: Kwang Yeong How, Singapore Panellists: Frederick Koh Hong Xiang, Singapore Luqman Mazlan, Malaysia
1405 – 1545	<i>100 mins</i>	Session III: Pathophysiology of Recovery – Future Challenges Chairs: Khara Marissa Sauro, Canada Sean Dowdy, United States
1405 – 1425	<i>20 mins</i>	Postoperative Recovery – Where Are The Issues? Henrik Kehlet, Denmark
1425 – 1445	<i>20 mins</i>	Taming the Surgical Inflammatory Response Christopher Bain, Australia
1445 – 1505	<i>20 mins</i>	Continuous Vital Sign Monitoring on the Surgical Ward Eske Kvanner Aasvang, Denmark
1505 – 1525	<i>20 mins</i>	Blood is at the Heart of Enhanced Recovery: Innovative Strategies for Availing Blood in Blood Deserts Caroline Wesonga, Kenya
1525 – 1545	<i>20 mins</i>	Discussion
1545 – 1630	<i>45 mins</i>	Ljungqvist Lecture: Safety and Excellence in Aviation – Cross-Learning Opportunities between Aviation and Healthcare Eugene C. Antoni, Singapore Chair: Gregg Nelson, Canada
1630 – 1700	<i>30 mins</i>	<i>Coffee/Tea Break, Exhibition & Poster Viewings</i>
1700 – 1830	<i>90 mins</i>	Session IV: ERAS Nursing Session Chair: Charlette Hart, United States
1700 – 1705	<i>5 mins</i>	Welcome and Introduction Charlette Hart, United States
1705 – 1720	<i>15 mins</i>	Transforming Care: Implementing an ERAS Centred Ward Model Hong Lan Hu, Singapore
1720 – 1735	<i>15 mins</i>	Bridging the Gap: Ensuring a Seamless Transition from Hospital to Home Model Wei Ting Chen, Singapore
1735 – 1750	<i>15 mins</i>	The Critical Role of Nursing in Driving Enhanced Recovery Outcomes Charlette Hart, United States
1750 – 1805	<i>15 mins</i>	Global Perspectives: An Interactive Look at ERAS Nursing Around the World Charlette Hart, United States
1805 – 1830	<i>25 mins</i>	Panel Discussion Moderator: Charlette Hart, United States Panellists: Chris Jones, United Kingdom Mary Brindle, Canada Prabu Naidu, Singapore Adeline Chi, Singapore Hong Lan Hu, Singapore Wei Ting Chen, Singapore
1830 – 1900	<i>30 mins</i>	Welcome Reception (Level 3, Concourse, Suntec Convention Centre)
1930 – 2200	<i>150 mins</i>	Faculty Dinner (By Invite Only)
End of Day 1		

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16 May 2026, Saturday | Day 2, Main Congress

Time/Room	Duration	Programme
		<i>Summit 1, Level 3</i>
0800 onwards		<i>Registration</i>
0745 – 0815	<i>30 mins</i>	General Assembly (Members Only)
0830 – 0900	<i>30 mins</i>	Kehlet Lecture: Large Scale Randomised Trials in Perioperative Care Paul Myles, Australia Chair: Olle Ljungqvist, Sweden
0900 – 1100	<i>120 mins</i>	Session V: ERAS Outcomes Research Chairs: Bernhard Riedel, Australia Mary Brindle, Canada
0900 – 0920	<i>20 mins</i>	How do we review outcomes in clinical studies in ERAS? Olle Ljungqvist, Sweden
0920 – 0940	<i>20 mins</i>	ERAS and AI Ulf Gustafsson, Sweden
0940 – 1000	<i>20 mins</i>	ERAS as a Catalyst to Create Learning Health Systems Sean Dowdy, United States
1000 – 1020	<i>20 mins</i>	Optimising ERAS Outcomes by Closing a Know-Do Gap Khara Marissa Sauro, Canada
1020 – 1040	<i>20 mins</i>	Innovation in Neonatal ERAS Mercedes Pilkington, Canada
1040 – 1100	<i>20 mins</i>	Discussion
1100 – 1130	<i>30 mins</i>	<i>Coffee/Tea Break, Exhibition & Poster Viewings</i>
1130 – 1300	<i>90 mins</i>	Session VI: Abstract Session Chairs: Chris Jones, United Kingdom Henrik Kehlet, Denmark
1130 – 1140	<i>10 mins</i>	[OP-0074] Characteristics and Association Between Enhanced Recovery After Surgery (ERAS) Adherence and Outcomes Following Hip Arthroplasty in a Developing Country: A Retrospective Study from Vietnam Ha Quoc Hung, Vietnam
1140 – 1150	<i>10 mins</i>	[OP-0014] Enhanced Recovery After Surgery (ERAS) Society Guideline Recommendations for Paediatric Appendectomy Sherif Emil, Canada
1150 – 1200	<i>10 mins</i>	[OP-0067] Preoperative GLP-1 Receptor Agonist Use and Risk of Postoperative Pneumonia in Obese Patients Undergoing ERAS-Based Colorectal Surgery: A Multi-Institutional Cohort Study Chia-Yu, Kuo, Taiwan
1200 – 1210	<i>10 mins</i>	[EI-0095] Old Gold or New Standard? A Randomised Non-Inferiority Trial Comparing Thoracic Epidural Versus Liposomal Bupivacaine in Enhanced Recovery After Gynaecologic Oncology Laparotomy Razane Wehbe, United States
1210 – 1220	<i>10 mins</i>	[EI-0107] Evaluation of the Effects of ERAS Philosophy on Nursing Workforce Distribution — Based on Interrupted Time Series Analysis Lihong Liu, China
1220 – 1230	<i>10 mins</i>	[EI-0133] Double Machine Learning of ERAS[®] Compliance Identifies High-Signal Perioperative Process Targets for Length of Stay Reduction in Colorectal Cancer Surgery: Registry-Based ATT Estimates with Overlap Diagnostics Bernhard Riedel, Australia
1230 – 1240	<i>10 mins</i>	[EI-0127] Socio-Economic Disparities in Post-Operative Complications Following Enhanced Recovery After Surgery (ERAS)-Guided Surgeries: A Machine Learning Approach Rui Fu, Canada
1240 – 1250	<i>10 mins</i>	[EI-0031] Early Mobilisation Compliance and Post-Operative Outcomes across Surgical Types: A Retrospective Cohort Study Analysis Jason Black, United States
1250 – 1300	<i>10 mins</i>	[OP-0086] Implementation and Evaluation of Enhanced Recovery After Surgery for Elective Gastrointestinal and Hepatopancreaticobiliary Procedures in a Tertiary Hospital in a Low-Income Country: A Single-Centre Implementation Study Wongel Tena Shale, Ethiopia
1300 – 1400	<i>60 mins</i>	Satellite Lunch Symposium: Post Surgical Strategies: Incision Care, Blister Prevention and Multidisciplinary Collaboration Mohamed Muath Adi, Abu Dhabi Tom Wainwright, the United Kingdom Yuenyongviwat Varah, Thailand
1400 – 1405	<i>5 mins</i>	Announcement of ERAS[®] 2027 World Congress Jörg-Peter Ritz, Germany
1405 – 1450	<i>45 mins</i>	Fearon Lecture: Safe Surgery in Space Michael A. Jobst, United States
1450 – 1650	<i>120 mins</i>	Session VII: Prehabilitation and Preoptimisation Chairs: Ho-Jin Lee, Republic of Korea Jörg-Peter Ritz, Germany
1450 – 1510	<i>20 mins</i>	ERAS+: Enhancing ERAS with Prehabilitation Bernhard Riedel, Australia
1510 – 1530	<i>20 mins</i>	Sarcopenia in Surgery: Impact, Diagnosis and Management Frederick Koh Hong Xiang, Singapore
1530 – 1550	<i>20 mins</i>	Strengthening the Heart of the City: Cardiac Prehabilitation in Hong Kong Henry MK Wong, Hong Kong SAR
1550 – 1610	<i>20 mins</i>	Care of Older People in Surgery (COPS) Christina Norris, Australia
1610 – 1650	<i>40 mins</i>	Discussion
1650 – 1715	<i>25 mins</i>	<i>Coffee/Tea Break, Exhibition & Poster Viewings</i>
1715 – 1845	<i>90 mins</i>	Session VIII: Asia Pacific ERAS Chairs: Shu-Lin Guo, Taiwan Kyoichi Takaori, Japan
1715 – 1735	<i>20 mins</i>	Traditional Chinese medicine in preoperative care — Is there a role? Yang Mingxiao, Singapore
1735 – 1755	<i>20 mins</i>	ERAS in Asia Pacific, Past, Present and the Path Forwards Kwang Yeong How, Singapore
1755 – 1815	<i>20 mins</i>	ERAS for Gastric Cancer Surgery Do Joong Park, Republic of Korea
1815 – 1835	<i>20 mins</i>	VTE prophylaxis in surgery: Are the East and West Aligned? Yong Enming, Singapore
1835 – 1845	<i>10 mins</i>	Discussion
1845 – 1900	<i>15 mins</i>	Prizes and Congress Closing Remarks Ulf Gustafsson, Sweden Gregg Nelson, Canada
Congress Adjourn		

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