



12th ERAS® World Congress

14 – 16 May 2026
Suntec Singapore Convention & Exhibition Centre

**Breaking Frontiers,
Strengthening Foundations**

E-PROGRAMME GUIDE



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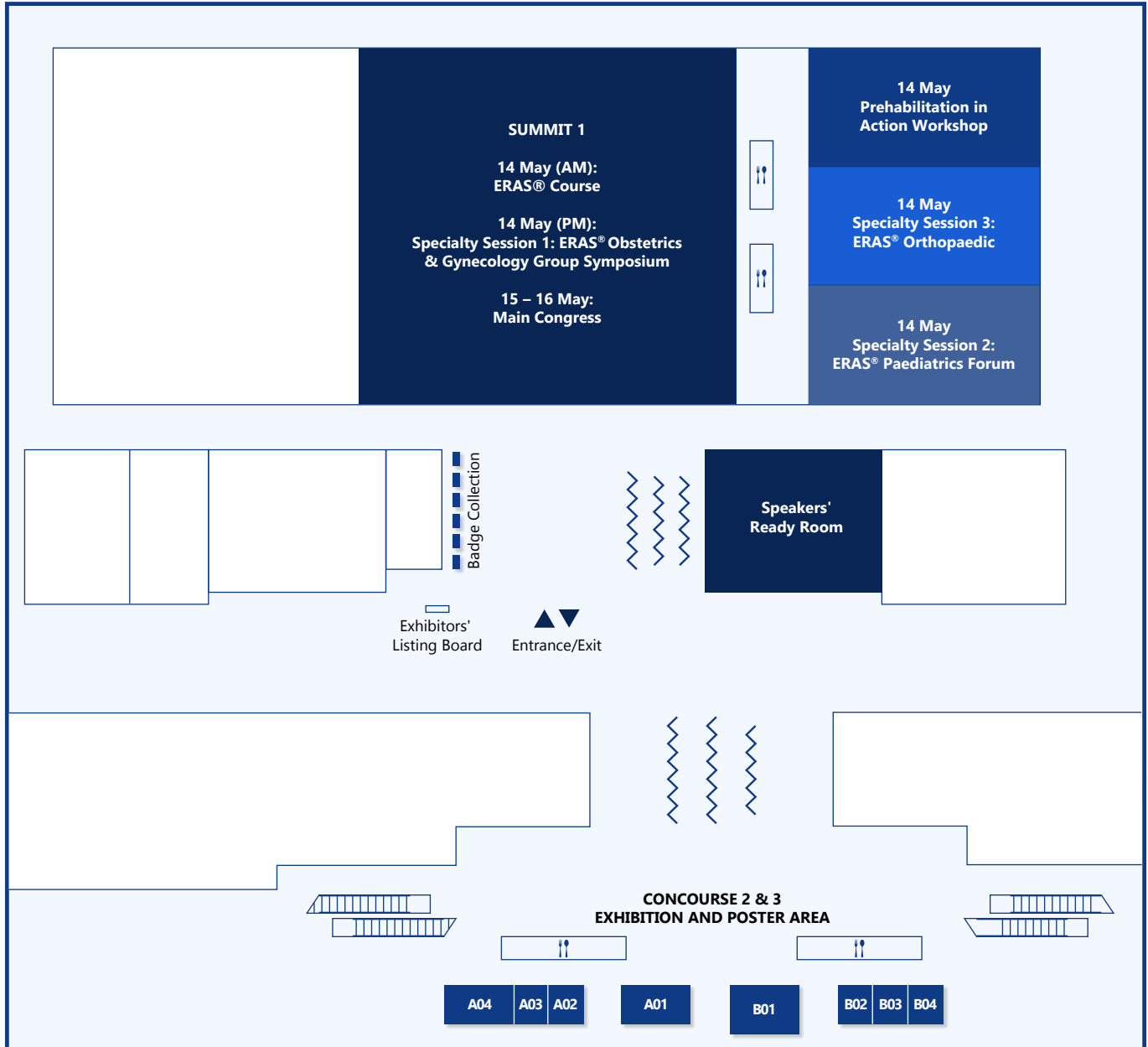
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NAVIGATING THROUGH ERAS® 2026 World Congress



Exhibitor Name	No.	Exhibitor Name	No.
Abbott Laboratories Singapore Pte Ltd	B01	InBody Asia Sdn Bhd	B03
Becton Dickinson Holdings Pte Ltd	A03	Nestle Singapore Pte Ltd	B04
Encare AB	B02	Solventum	A04
Fresenius Kabi (Singapore) Pte Ltd	A02	Mölnlycke Health Care Asia-Pacific Pte Ltd	A01



WELCOME MESSAGE FROM THE ORGANISING COMMITTEE

It is with great excitement and pride that we welcome you to the 12th ERAS[®] World Congress, held for the very first time in Asia, here in vibrant Singapore.

Singapore, a crossroads of innovation and tradition, provides the perfect setting for this landmark meeting. The theme of ERAS[®] 2026 – *Breaking Frontiers, Strengthening Foundations* – reflects our shared commitment to advancing perioperative care while staying true to the timeless principles of Enhanced Recovery After Surgery: patient-centred, evidence-based, and team-driven.

Over these three days, we will bring together global leaders, innovators, and passionate clinicians to explore the cutting edge of surgical recovery. We will also celebrate the strong foundations laid by pioneers of ERAS[®], which continue to inspire and guide our future.

We are delighted to have you here in Singapore as we come together to learn, share, and shape the next chapter of ERAS[®] together.

The Organising Committee
12th ERAS[®] World Congress

ABOUT ERAS

ERAS is a multimodal perioperative care pathway designed to achieve early recovery for patients undergoing major surgery.

ERAS represents a paradigm shift in perioperative care in two ways. First, it re-examines traditional practices, replacing them with evidence-based best practices when necessary. Second, it is comprehensive in its scope, covering all areas of the patient's journey through the surgical process.

The key factors that keep patients in the hospital after surgery include the need for parenteral analgesia, the need for intravenous fluids secondary to gut dysfunction, bed rest caused by lack of mobility.

The central elements of the ERAS pathway address these key factors, helping to clarify how they interact to affect patient recovery. In addition, the ERAS pathway provides guidance to all involved in perioperative care, helping them to work as a well-coordinated team to provide the best care.



ORGANISING COMMITTEE

Society Chair



Ulf Gustafsson

Karolinska University Hospital & Karolinska Institutet
Sweden

Scientific Chair



Gregg Nelson

University of Calgary
Canada

Treasurer



Kwang Yeong How

Tan Tock Seng Hospital, NHG Health
Singapore

Secretary



Professor Mary Brindle

University of Calgary
Canada

Chief Editor



Chris Jones

Royal Surrey NHS Foundation Trust
United Kingdom

Organising
Committee



Allyson Cochran

Center for Surgical Outcomes Science, Atrium Health
United States



Martin Hübner

University of Lausanne
Switzerland



Vera Lim Qin Yi

Tan Tock Seng Hospital, NHG Health
Singapore



GENERAL INFORMATION

At 12th ERAS® World Congress, we strive to strike a balance between maintaining the strictest hygiene practices while being mindful of our impact on the environment. Our aim is to ensure a safe and comfortable Congress experience for everyone. We will not be providing a printed Congress booklet and will minimise printed materials. The full Congress programme can be found on our website.



Date

Pre-Congress (Course, Specialty Sessions and Workshops)

14 May 2026

Main Congress

15 – 16 May 2026

15 May 2026: Opening Ceremony & Welcome Reception

16 May 2026: Prizes & Congress Closing Remarks

Singapore is 8 hours ahead of Greenwich Mean Time (GMT +8) and does not observe daylight savings time.



Venue

Suntec Singapore Convention & Exhibition Centre, Level 3
1 Raffles Boulevard, Suntec City, Singapore 039593



Language

The official language of the Congress is English. All presentations will be in English.



Internet Access

Complimentary WIFI is available within the Congress Venue.



Congress Managed by

Kenes MP Asia Pte Ltd
20 Kallang Avenue, PICO Creative Centre Level 2, Singapore 339411



Congress Badge

Please note that your Congress badge is personal and non-transferable. You may collect your Congress badge at the Registration Area.

Name badges must be worn at all times for admittance to all 12th ERAS® World Congress programmes. Kindly prepare your E-Ticket(QR Code)/Confirmation Email for a fuss-free badge collection process.

Please refer to the below for opening hours:

14 May 2026, Thursday | 0730 – 1700

15 May 2026, Friday | 0730 – 1730

16 May 2026, Saturday | 0800 – 1600



E-Certificate of Attendance

E-Certificate of attendance will be sent via email 2 weeks after the Congress.



INVITED FACULTY



Eske Kvanner Aasvang



Rajib Ahmed



Eugene C. Antoni



Christopher Bain



Anna Beaumont



David De Beer



Kristin Black



Mary Brindle



Megan Brockel



Lewis PK Chan



Wei Ting Chen



Dongho Choi



Allyson Cochran



Jess Crowe



Kamilla Luca David



Catherine Dawson-Gore



Sean Dowdy



Kevin Elias



Sherif Emil



Stephanie Gill



Shu-Lin Guo



Ulf Gustafsson



Charlette Hart



Kwang Yeong How



Arthur Hsu



Hu Hong Lan



Danny Ip



Michael A. Jobst



INVITED FACULTY



Chris Jones



Bella Jugeli



Henrik Kehlet



Gvantsa Kochiashvili



**Frederick Koh
Hong Xiang**



Ho-Jin Lee



Fereen Liew



Vera Lim Qinyi



Olle Ljungqvist



Varut Lohsirawat



Jeffrey Low



Kenneth Mak



Paula Mateo



Gabriel Mena



Paul Myles



Prabu Naidu



Gregg Nelson



Joannie Neveu



Joseph S. Ng



Chloe Kimi Nobuhara



Florencia Noll



Christina Norris



Helena Obermair



Teresa Lucia Pan



Nikhil Panda



Do Joong Park



Mercedes Pilkington



Christina Prickett



INVITED FACULTY



Pedro T Ramirez



Bernhard Riedel



Jörg-Peter Ritz



Kyle Rove



Khara Marissa Sauro



Gabriella Schivardi



Catherine Sinton



**Marianna Ramona
S. Sioson**



Jose Soliz



Kyoichi Takaori



Tan Hiang Khoon



Tong Leng Tan



Darren Tay



Emily Traer



Prem Venugopal



Tom Wainwright



**Caroline Wesonga
Wangamati**



Wee Jing Zhong



Henry MK Wong



Yang Mingxiao



Yong Enming



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

ERAS® COURSE

Time/Room	ERAS® Course Session Chairs: Allyson Cochran, United States Kwang Yeong How, Singapore
0800 – 1300	Summit 1, Level 3
0730 onwards	Registration
0800 – 0815	Introduction
0815 – 0845	ERAS® Fundamentals – Why and How It Works Ulf Gustafsson, Sweden
0845 – 0915	Nursing in ERAS® Charlette Hart, United States
0915 – 0945	Preoperative Medical Optimisation Chris Jones, United Kingdom
0945 – 1015	Perioperative Nutrition – The Right Stuff At The Right Time Marianna Ramona S. Sioson, Philippines
1015 – 1045	Patient Blood Management in ERAS Dongho Choi, Republic of Korea
1045 – 1115	Coffee/Tea Break
1115 – 1145	Anaesthesia in ERAS® Chris Jones, United Kingdom
1145 – 1215	Surgery in ERAS® Kwang Yeong How, Singapore
1215 – 1245	Postoperative Mobilisation – How Soon and How Much? Tom Wainwright, United Kingdom
1245 – 1315	ERAS® Implementation – What Is the Method in the Madness? Vera Lim Qin Yi, Singapore
1315 – 1330	Summary and Closing Remark
1330 – 1400	Lunch
	End of ERAS® Course

The programme is accurate as of the time of publication.



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

SPECIALTY SESSION 1: ERAS® OBSTETRICS & GYNECOLOGY GROUP SYMPOSIUM

Time/Room	SPECIALTY SESSION 1 ERAS® Obstetrics & Gynecology Group Symposium
1400 – 1730	Summit 1, Level 3
0730 onwards	Registration
1400 – 1510	Session I: ERAS Rapid-Fire Session: Prove Me Wrong Moderator: Pedro T Ramirez, United States
1400 – 1410	Overuse of ERAS Items Low-Value Components in Pathway Gvantsa Kochiasvili, Georgia
1410 – 1420	Anesthesia Variability is #1 Barrier to ERAS-Not Surgery Stop Blaming the Surgeon Gabriel Mena, United States
1420 – 1430	Opioid-Free Pathway Fantasy or the Inevitable Future Helena Obermair, Australia
1430 – 1440	Prehabilitation in Gynecologic Surgery Hard Evidence vs Overhyped Enthusiasm Teresa Lucia Pan, Austria
1440 – 1450	Forced Early Feeding: Are We Harming Patients? A Call for Risk Stratification Joannie Neveu, Canada
1450 – 1510	Discussion
1510 – 1540	Session II: ERAS Innovation Debates: The Future is Near Moderator: Jose Soliz, United States
1510 – 1520	AI Will Replace ERAS Coordinators PRO: Gabriella Schivardi, Italy CON: Paula Mateo, Spain
1520 – 1530	ERAS Research Quality is Weak: A Time to Demand RCTs PRO: Kamilla Luca David, Hungary CON: Stephanie Gill, Canada
1530 – 1540	Predicting ERAS Success: Home Environment is What Matters PRO: Arthur Hsu, Taiwan CON: Bella Jugeli, Georgia



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

SPECIALTY SESSION 1: ERAS® OBSTETRICS & GYNECOLOGY GROUP SYMPOSIUM

Time/Room	SPECIALTY SESSION 1 ERAS® Obstetrics & Gynecology Group Symposium
1540 – 1600	Coffee/Tea Break
1600 – 1640	Session III: Global ERAS Moderator: Joseph S. Ng, Singapore
1600 – 1615	Unequal Recovery: Racial and Ethnic Barriers to ERAS Kristin Black, Canada
1615 – 1630	Transforming Perioperative Care in LMICs: The ERAS Opportunity Florencia Noll, Argentina
1630 – 1640	Discussion
1640 – 1710	Session IV: ERAS 2026 Best OBGYN Abstracts Moderator: Kevin Elias, United States
1640 – 1650	[OP-0069] Proving Their Worth: A Pilot Randomised Controlled Feasibility and Safety Study Testing Individual ERAS Interventions in Perioperative Ovarian Cancer Surgery - The TIPS Study Alison Brand, Australia
1650 – 1700	[EI-0043] Association of Gastro-oesophageal Reflux Disease (GORD) with Preoperative Carbohydrate Loading Compliance and Selected Post-operative Outcomes in Gynaecological Surgery Patients Managed with an ERAS Protocol Kamilla Luca David, United States
1700 – 1710	[OP-0034] Post-operative Analgesia in Women Undergoing Open Abdominal Gynaecological Oncology Surgery With or Without Ultrasound-guided Bilateral Erector Spinae Plane Block: A Randomised Controlled Trial Anjali Gera, India
1710 – 1740	Session V: Keynote Lecture Moderators: Sean Dowdy, United States Jeffrey Low, Singapore
1710 – 1730	ERAS Gynecologic Oncology Guidelines – 2026 Update Gregg Nelson, Canada
1730 – 1740	Discussion
End of Specialty Session 1: ERAS® Obstetrics & Gynecology Group Symposium	

The programme is accurate as of the time of publication.



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

SPECIALTY SESSION 2: ERAS® PAEDIATRICS FORUM

Time/Room	SPECIALTY SESSION 2 ERAS® Paediatrics Forum Chairs: Megan Brockel, United States Kyle Rove, United States
1400 – 1730	Room 324, Level 3
0730 onwards	Registration
1400 – 1405	Welcome Remarks Kyle Rove, United States
1405 – 1410	Introduction Megan Brockel, United States
1410 – 1450	Session I: ERAS in Paediatric Surgery — Why it works
1410 – 1430	Why Paediatric ERAS Works: Physiology, Bundles, and Standardisation Catherine Dawson-Gore, United States
1430 – 1450	Panel Discussion Moderator: Kyle Rove, United States Panellists: Megan Brockel, United States Catherine Dawson-Gore, United States David De Beer, United Kingdom
1450 – 1500	Break
1500 – 1650	Session II: Key Elements for Paediatric Protocols
1500 – 1510	Multidisciplinary Preoperative Education Megan Brockel, United States
1510 – 1525	Preoperative Carbohydrate Loading, IV Fluids, Early Feeding, and PONV Mary Brindle, Canada
1525 – 1540	Infection Prevention as Part of ERAS Bundle of Care Kyle Rove, United States
1540 – 1550	Panel Discussion Moderator: Kyle Rove, United States Panellists: Megan Brockel, United States David De Beer, United Kingdom
1550 – 1600	Coffee/Tea Break



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

SPECIALTY SESSION 2: ERAS® PAEDIATRICS FORUM

Time/Room	SPECIALTY SESSION 2 ERAS® Paediatrics Forum Chairs: Megan Brockel, United States Kyle Rove, United States
1600 – 1615	Multimodal Analgesia & Minimising Opioids David De Beer, United Kingdom
1615 – 1625	Avoiding Excess LDAs (Lines, Drains, Airways) Mercedes Pilkington, Canada
1625 – 1635	ERAS Implementation and Outcomes for Paediatric Cardiac Surgery Prem Venugopal, Australia
1635 – 1650	Panel Discussion Moderator: Megan Brockel, United States Panellists: Mercedes Pilkington, Canada Prem Venugopal, Australia
1650 – 1700	Break
1700 – 1730	Session III: Making It Work (Practical Tips for Sustainability)
1700 – 1715	Beyond the Bottom Line: Making a Case for an ERAS Culture Sherif Emil, Canada
1715 – 1730	Discussion
1730 – 1720	Conclusions Megan Brockel, United States Kyle Rove, United States
End of Specialty Session 2: ERAS® Paediatrics Forum	

The programme is accurate as of the time of publication.



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

SPECIALTY SESSION 3: ERAS® ORTHOPAEDIC SESSION

Time/Room	SPECIALTY SESSION 3 ERAS® Orthopaedic Chairs: Tom Wainwright, United Kingdom Tan Tong Leng, Singapore
1400 – 1630	Room 325, Level 3
0730 onwards	Registration
1400	Introduction & Welcome Tom Wainwright, United Kingdom
1400 – 1510	Session I: Asia and Pacific Updates
1400 – 1415	ERAS in Singapore Tan Tong Leng, Singapore
1415 – 1425	ERAS Surgical Implementation in Hong Kong Lewis PK Chan, Hong Kong SAR
1425 – 1435	ERAS Anaesthetic Implementation in Hong Kong Danny Ip, Hong Kong SAR
1435 – 1450	Enabling technology in ERAS Arthroplasty Darren Tay, Singapore
1450 – 1510	Panel Discussion
1510 – 1525	Coffee/Tea Break
1525 – 1630	Session II: Evidence Updates
1525 – 1540	Pain Management for Hip and Knee Replacement: An Update Henrik Kehlet, Denmark
1540 – 1555	Day Case Hip and Knee Replacement Henrik Kehlet, Denmark
1555 – 1610	Do We Need Rehabilitation After Hip and Knee Replacement? Tom Wainwright, United Kingdom
1610 – 1630	Panel Discussion
End of Specialty Session 3: ERAS® Orthopaedic	

The programme is accurate as of the time of publication.



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

PREHABILITATION IN ACTION: A MULTIDISCIPLINARY APPROACH TO SCREENING, ASSESSMENT AND INTERVENTION

Time	1400 – 1730
Venue	Room 326, Level 3
Introduction	<p>Prehabilitation in Action is an interactive workshop that enables clinicians to explore the growing evidence alongside relevant clinical application in optimising patients prior to major cancer surgery. Evidence for cancer prehabilitation is growing, with strong benefits seen in reducing post-operative complications and enhancing patient outcomes.</p> <p>This workshop will explore the Prep-4-Cancer Surgery toolkit which highlights the latest evidence, practical tools and approaches in cancer prehabilitation programs – join us to share knowledge and build a community of practice in cancer prehabilitation.</p>
Objectives	<ol style="list-style-type: none"> 1. Increase knowledge in identifying and applying risk stratification and assessment strategies to tailor multidisciplinary care for patients undergoing cancer surgery 2. Increase skills to implement evidence-based frameworks and interventions to support the standardisation of prehabilitation practices and promote health equity 3. Develop awareness of the Prep-4-Cancer Surgery toolkit to contribute to knowledge sharing and building a community of practice in cancer prehabilitation
Flow/ Structure	<ul style="list-style-type: none"> • Presentations for multidisciplinary clinicians by a multidisciplinary team, including Anaesthetist, Specialist Nurse, Physiotherapist, Dietitian and Psychologist about the multidisciplinary delivery of prehabilitation • Introduction to evidence and resources to support the development and delivery of these services in your setting • Opportunity for discipline specific discussions and case study presentations • Q&A session with a multidisciplinary panel of experts
Number of Participants	50 pax
Lead Faculty	Bernhard Riedel, Director of Anaesthesia, Perioperative Medicine, and Pain Medicine, Peter MacCallum Cancer Centre
Other Faculty	<ol style="list-style-type: none"> 1. Anna Beaumont, Senior Clinical Dietitian 2. Catherine Sinton, Enhanced Recovery After Surgery (ERAS) Clinical Nurse Consultant 3. Christina Prickett, Senior Clinical Psychologist, Project Manager PRep-4-Cancer Surgery Toolkit 4. Emily Traer, Consultant in Anaesthesia and Perioperative Medicine 5. Jess Crowe, Clinical Lead Physiotherapist 6. Rajib Ahmed, Consultant in Anaesthesia and Perioperative Medicine



PRE-CONGRESS PROGRAMME

DAY 1, 14 MAY 2026, THURSDAY

PREHABILITATION IN ACTION: A MULTIDISCIPLINARY APPROACH TO SCREENING, ASSESSMENT AND INTERVENTION

Time/Room	Prehabilitation in Action Workshop Faciliator: Bernhard Riedel, Australia
1400 – 1730	Room 326, Level 3
0730 onwards	Registration
1400 – 1415	Welcome and Background Bernhard Riedel, Australia
1415 – 1445	Peter MacCallum Cancer Centre Prehabilitation Service, Toolkit introduction Christina Prickett and Jess Crowe, Australia
1445 – 1500	Universal Prehabilitation Catherine Sinton, Australia
1500 – 1505	Case Study Introduction Jess Crowe, Australia
1505 – 1525	Medical Optimisation/Shared Decision Making Emily Traer and Rajib Ahmed, Australia
1525 – 1545	Coffee/Tea Break
1545 – 1605	Medical Optimisation/Shared Decision Making Emily Traer and Rajib Ahmed, Australia
1605 – 1620	Exercise Jess Crowe, Australia
1620 – 1635	Nutrition Anna Beaumont, Australia
1635 – 1650	Psychology Christina Prickett, Australia
1650 – 1730	Discussion
End of ERAS® Course, Specialty Session and Workshops	



MAIN CONGRESS PROGRAMME

DAY 2, 15 MAY 2026, FRIDAY

Time/Room	Summit 1, Level 3
0730 onwards	Registration
0815 – 0830	Opening Ceremony Ulf Gustafsson, Sweden Gregg Nelson, Canada Kwang Yeong How, Singapore
0830 – 1010	Session I: Surgical Safety and Checklists Chairs: Gregg Nelson, Canada Pedro Ramirez, United States
0830 – 0850	Reimplementation of the Surgical Safety Checklist Tan Hiang Khoon, Singapore
0850 – 0910	The OR Black Box: Using Technology to Enhance Human Performance Chloe Kimi Nobuhara, United States
0910 – 0930	Integration of ERAS and the Surgical Safety Checklist Mary Brindle, Canada
0930 – 1010	Addressing barriers to implementation of the Surgical Safety Checklist Panel Discussion Moderator: Gregg Nelson, Canada Panellists: Ulf Gustafsson, Sweden Pedro Ramirez, United States Tan Hiang Khoon, Singapore Chloe Kimi Nobuhara, United States Mary Brindle, Canada
1010 – 1040	Coffee/Tea Break
1040 – 1125	Singapore ERAS Lecture: Value-Based Care in Surgery Kenneth Mak, Singapore Fereen Liew, Singapore Chair: Kwang Yeong How, Singapore
1125 – 1305	Session II: ERAS Post Discharge Chairs: Allyson Cochran, United States Mary Brindle, Canada
1540 – 1555	Emergency and Elective Colorectal Surgery – Differences in Recovery Varut Lohsiriwat, Thailand
1555 – 1610	Promoting Recovery at Home – Using Mobile Health Applications Nikhil Panda, United States
1610 – 1630	Post Discharge Nutritional Care Marianna Sioson, Philippines
1610 – 1630	What Do Patients Want Post-Discharge? Patient Perspective Prabu Naidu, Singapore



MAIN CONGRESS PROGRAMME

DAY 2, 15 MAY 2026, FRIDAY

Time/Room	Summit 1, Level 3
1245 – 1305	Discussion
1305 – 1405	<p>Satellite Lunch Symposium: Closing the Loop: Integrating ONS Across the Surgical Continuum for Enhanced Recovery</p> <p>Moderator: Kwang Yeong How, Singapore Panellists: Frederick Koh Hong Xiang, Singapore Luqman Mazlan, Malaysia</p>
1405 – 1545	<p>Session III: Pathophysiology of Recovery – Future Challenges</p> <p>Chairs: Khara Marissa Sauro, Canada Sean Dowdy, United States</p>
1405 – 1425	<p>Postoperative Recovery – Where Are The Issues?</p> <p>Henrik Kehlet, Denmark</p>
1425 – 1445	<p>Taming the Surgical Inflammatory Response</p> <p>Christopher Bain, Australia</p>
1445 – 1505	<p>Continuous Vital Sign Monitoring on the Surgical Ward</p> <p>Eske Kvanner Aasvang, Denmark</p>
1505 – 1525	<p>Blood is at the Heart of Enhanced Recovery: Innovative Strategies for Availing Blood in Blood Deserts</p> <p>Caroline Wesonga, Kenya</p>
1525 – 1545	Discussion
1545 – 1630	<p>Ljungqvist Lecture: Safety and Excellence in Aviation – Cross-Learning Opportunities between Aviation and Healthcare</p> <p>Eugene C. Antoni, Singapore Chair: Gregg Nelson, Canada</p>
1630 – 1700	Coffee/Tea Break, Exhibition & Poster Viewings
1700 – 1830	<p>Session IV: ERAS Nursing Session</p> <p>Chair: Charlette Hart, United States</p>
1700 – 1705	<p>Welcome and Introduction</p> <p>Charlette Hart, United States</p>
1705 – 1720	<p>Transforming Care: Implementing an ERAS Centred Ward Model</p> <p>Hong Lan Hu, Singapore</p>



MAIN CONGRESS PROGRAMME

DAY 2, 15 MAY 2026, FRIDAY

Time/Room	Summit 1, Level 3
1720 – 1735	Bridging the Gap: Ensuring a Seamless Transition from Hospital to Home Model Wei Ting Chen, Singapore
1735 – 1750	The Critical Role of Nursing in Driving Enhanced Recovery Outcomes Charlette Hart, United States
1750 – 1805	Global Perspectives: An Interactive Look at ERAS Nursing Around the World Charlette Hart, United States
1805 – 1830	Panel Discussion Moderator: Charlette Hart, United States Panellists: Chris Jones, United Kingdom Mary Brindle, Canada Prabu Naidu, Singapore Adeline Chi, Singapore Hong Lan Hu, Singapore Wei Ting Chen, Singapore
1830 – 1900	Welcome Reception (Level 3, Concourse, Suntec Convention Centre)
1930 – 2200	Faculty Dinner (By Invite Only)
End of Day 2	



MAIN CONGRESS PROGRAMME

DAY 3, 16 MAY 2026, SATURDAY

Time/Room	Summit 1, Level 3
0800 onwards	Registration
0745 – 0815	General Assembly (Members Only)
0830 – 0900	Kehlet Lecture: Large Scale Randomised Trials in Perioperative Care Paul Myles, Australia Chair: Olle Ljungqvist, Sweden
0900 – 1100	Session V: ERAS Outcomes Research Chairs: Bernhard Riedel, Australia Mary Brindle, Canada
0900 – 0920	How do we review outcomes in clinical studies in ERAS? Olle Ljungqvist, Sweden
0920 – 0940	ERAS and AI Ulf Gustafsson, Sweden
0940 – 1000	ERAS as a Catalyst to Create Learning Health Systems Sean Dowdy, United States
1000 – 1020	Optimising ERAS Outcomes by Closing a Know-Do Gap Khara Marissa Sauro, Canada
1020 – 1040	Innovation in Neonatal ERAS Mercedes Pilkington, Canada
1040 – 1100	Discussion
1100 – 1130	Coffee/Tea Break, Exhibition & Poster Viewings
1130 – 1300	Session VI: Abstract Session Chairs: Chris Jones, United Kingdom Henrik Kehlet, Denmark
1130 – 1140	[OP-0074] Characteristics and Association Between Enhanced Recovery After Surgery (ERAS) Adherence and Outcomes Following Hip Arthroplasty in a Developing Country: A Retrospective Study From Vietnam Ha Quoc Hung, Vietnam
1140 – 1150	[OP-0014] Enhanced Recovery After Surgery (ERAS) Society Guideline Recommendations for Paediatric Appendectomy Sherif Emil, Canada



MAIN CONGRESS PROGRAMME

DAY 3, 16 MAY 2026, SATURDAY

Time/Room	Summit 1, Level 3
1150 – 1200	[OP-0067] Preoperative GLP-1 Receptor Agonist Use and Risk of Postoperative Pneumonia in Obese Patients Undergoing ERAS-Based Colorectal Surgery: A Multi-Institutional Cohort Study Chia-Yu, Kuo, Taiwan
1200 – 1210	[EI-0095] Old Gold or New Standard? A Randomised Non-Inferiority Trial Comparing Thoracic Epidural Versus Liposomal Bupivacaine in Enhanced Recovery After Gynaecologic Oncology Laparotomy Razane Wehbe, United States
1210 – 1220	[EI-0107] Evaluation of the Effects of ERAS Philosophy on Nursing Workforce Distribution — Based on Interrupted Time Series Analysis Lihong Liu, China
1220 – 1230	[EI-0133] Double Machine Learning of ERAS® Compliance Identifies High-Signal Perioperative Process Targets for Length of Stay Reduction in Colorectal Cancer Surgery: Registry-Based ATT Estimates With Overlap Diagnostics Bernhard Riedel, Australia
1230 – 1240	[EI-0127] Socio-Economic Disparities in Post-Operative Complications Following Enhanced Recovery After Surgery (ERAS)-Guided Surgeries: A Machine Learning Approach Rui Fu, Canada
1240 – 1250	[EI-0031] Early Mobilisation Compliance and Post-Operative Outcomes across Surgical Types: A Retrospective Cohort Study Analysis Jason Black, United States
1250 – 1300	[OP-0086] Implementation and Evaluation of Enhanced Recovery After Surgery for Elective Gastrointestinal and Hepatopancreaticobiliary Procedures in a Tertiary Hospital in a Low-Income Country: A Single-Centre Implementation Study Wongel Tena Shale, Ethiopia
1300 – 1400	Satellite Lunch Symposium: Post Surgical Strategies: Incision Care, Blister Prevention and Multidisciplinary Collaboration Mohamed Muath Adi, Abu Dhabi Tom Wainwright, United Kingdom Yuenyongviwat Varah, Thailand
1400 – 1405	Announcement of ERAS® 2027 World Congress Jörg-Peter Ritz, Germany
1405 – 1450	Fearon Lecture: Safe Surgery in Space Michael A. Jobst, United States Chair: Ulf Gustafsson, Sweden



MAIN CONGRESS PROGRAMME

DAY 3, 16 MAY 2026, SATURDAY

Time/Room	Summit 1, Level 3
1450 – 1650	Session VII: Prehabilitation and Preoptimisation Chairs: Ho-Jin Lee, Republic of Korea Jörg-Peter Ritz, Germany
1450 – 1510	ERAS+: Enhancing ERAS with Prehabilitation Bernhard Riedel, Australia
1510 – 1530	Sarcopenia in Surgery: Impact, Diagnosis and Management Frederick Koh Hong Xiang, Singapore
1530 – 1550	Strengthening the Heart of the City: Cardiac Prehabilitation in Hong Kong Henry MK Wong, Hong Kong SAR
1550 – 1610	Care of Older People in Surgery (COPS) Christina Norris, Australia
1610 – 1650	Discussion
1650 – 1715	Coffee/Tea Break, Exhibition & Poster Viewings
1715 – 1845	Session VIII: Asia Pacific ERAS Chairs: Shu-Lin Guo, Taiwan Kyoichi Takaori, Japan
1715 – 1735	Traditional Chinese medicine in preoperative care — Is there a role? Yang Mingxiao, Singapore
1735 – 1755	ERAS in Asia Pacific, Past, Present and the Path Forwards Kwang Yeong How, Singapore
1755 – 1815	ERAS for Gastric Cancer Surgery Do Joong Park, Republic of Korea
1815 – 1835	VTE prophylaxis in surgery: Are the East and West Aligned? Yong Enming, Singapore
1835 – 1845	Discussion
1845 – 1900	Prizes and Congress Closing Remarks Ulf Gustafsson, Sweden Gregg Nelson, Canada
	Congress Adjourn



ACCEPTED ABSTRACTS

ORAL PRESENTATIONS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Obstetrics & Gynaecology	Alison Brand	OP-0069	Proving Their Worth: A Pilot Randomised Controlled Feasibility and Safety Study Testing Individual ERAS Interventions in Perioperative Ovarian Cancer Surgery - The TIPS Study
	Kamilla Luca David	EI-0043	Association of Gastro-oesophageal Reflux Disease (GORD) with Preoperative Carbohydrate Loading Compliance and Selected Post-operative Outcomes in Gynaecological Surgery Patients Managed with an ERAS Protocol
Anaesthesiology	Anjali Gera	OP-0034	Post-operative Analgesia in Women Undergoing Open Abdominal Gynaecological Oncology Surgery With or Without Ultrasound-guided Bilateral Erector Spinae Plane Block: A Randomised Controlled Trial
Orthopaedic Surgery	Ha Quoc Hung	OP-0074	Characteristics and Association Between Enhanced Recovery After Surgery (ERAS) Adherence and Outcomes Following Hip Arthroplasty in a Developing Country: A Retrospective Study From Vietnam
Paediatric Surgery	Sherif Emil	OP-0014	Enhanced Recovery After Surgery (ERAS) Society Guideline Recommendations for Paediatric Appendectomy
Colorectal Surgery	Chia-Yu Kuo	OP-0067	Preoperative GLP-1 Receptor Agonist Use and Risk of Postoperative Pneumonia in Obese Patients Undergoing ERAS-Based Colorectal Surgery: A Multi-Institutional Cohort Study
Obstetrics & Gynaecology	Razane Wehbe	EI-0095	Old Gold or New Standard? A Randomised Non-Inferiority Trial Comparing Thoracic Epidural Versus Liposomal Bupivacaine in Enhanced Recovery After Gynaecologic Oncology Laparotomy
Nursing / Allied Health	Lihong Liu	EI-0107	Evaluation of the Effects of ERAS Philosophy on Nursing Workforce Distribution — Based on Interrupted Time Series Analysis
Colorectal Surgery	Bernhard Riedel	EI-0133	Double Machine Learning of ERAS® Compliance Identifies High-Signal Perioperative Process Targets for Length of Stay Reduction in Colorectal Cancer Surgery: Registry-Based ATT Estimates with Overlap Diagnostics
Other topics in relation to perioperative care and improved surgical recovery	Rui Fu	EI-0127	Socio-Economic Disparities in Post-Operative Complications Following Enhanced Recovery After Surgery (ERAS)-Guided Surgeries: A Machine Learning Approach
	Jason Black	EI-0031	Early Mobilisation Compliance and Post-Operative Outcomes across Surgical Types: A Retrospective Cohort Study Analysis
	Wongel Tena Shale	OP-0086	Implementation and Evaluation of Enhanced Recovery After Surgery for Elective Gastrointestinal and Hepatopancreaticobiliary Procedures in a Tertiary Hospital in a Low-Income Country: A Single-Centre Implementation Study



ACCEPTED ABSTRACTS POSTER PRESENTATIONS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Anaesthesiology	Eun Ji Park	PP-0055	Age-Dependent Association Between Anaesthetic Technique and Postoperative Delirium in Older Patients Undergoing Major Vascular Surgery
	Javier Lasala	PP-0091	Perioperative Ketamine is Associated With an Attenuated Postoperative Inflammatory Response and Delayed Gastrointestinal Recovery in an Enhanced Recovery Cohort
	Jesper Mølgaard	EI-0139	Preoperative Anaemia and Length of Stay: Estimating the System-Level Impact of Anaemia Optimisation in Surgical Patients
Other topics in relation to perioperative care and improved surgical recovery	Wongel Tena Shale	PP-0092	ERAS Capacity-Building in Low-Resource Settings: a Mixed-Methods Evaluation of Training at Jimma University Hospital and Across the East, Central and Southern Africa (ECSA) Region
Anaesthesiology	Jae Hyun Park	OP-0019	Beyond Surgical Outcomes: An Exploratory Analysis of a Prospective Cohort on the Impact of ERAS on Patient-Reported Quality of Recovery After Colorectal Surgery
	Jan Armelynn Santos	EI-0141	Surgeon Gender and its Impact on Short-Term Outcomes Following Elective Colorectal Surgery in an Enhanced Recovery After Surgery (ERAS) Programme
Other topics in relation to perioperative care and improved surgical recovery	Benny Rana	PP-0126	Are There Differences in the Effectiveness of ERAS Guidelines Between High-Income Versus Low- and Middle-Income Countries? A Systematic Review and Meta-Analysis
Hepatobiliary Surgery	Cunbin Li	PP-0012	Impact of Family Caregivers' Psychological Resilience on Perioperative Rehabilitation Adherence in Elderly Patients with Pancreatic Cancer
	Su Yan	EI-0092	The Impact of Goal-Targeted Activity Management on Postoperative Recovery in Patients Undergoing Hepatectomy for Liver Cancer: A Randomised Controlled Clinical Trial
Other topics in relation to perioperative care and improved surgical recovery	Lindsay Whelan	PP-0051	Photodisinfection Therapy Compared with Mupirocin Ointment Nasal Decolonisation to Prevent Surgical Site Infections Among Orthopaedic Surgical Patients: A Network Meta-Analysis
Neurosurgery	Rachakorn Punyasiri	PP-0020	Challenging Tradition in Neuro-Oncology: A Propensity Score-Matched Analysis of Enhanced Recovery After Surgery (ERAS) for Elective Glioma Craniotomy
Obstetrics & Gynaecology	Paula Mateo-Kubach	OP-0027	Opioid Use within a Mature ERAS Pathway: a Pre-Post Analysis of Perioperative NSAID Strategy in Gynaecologic Surgery
Other topics in relation to perioperative care and improved surgical recovery	Da Hye Kim	PP-0031	Relationship Between the Implementation of Enhanced Recovery After Surgery (ERAS) Protocols and Acute Kidney Injury: A Population-Based Cohort Study in Alberta
	Chloe Beard	PP-0105	Greener Surgery Through ERAS: Improving Outcomes While Reducing Costs and Environmental Impact
Thoracic Surgery	Sun Yan	EI-0033	Effect of a Singing-Based Rehabilitation Platform on Postoperative Pulmonary Recovery in Lung Cancer Patients: An Observational Study
	Sun Yan	PP-0078	Integrating Artificial Intelligence and Gamified Rehabilitation for Postoperative Recovery after Thoracic Surgery: A Smart-Ward Quasi-Experimental Study with a Historical Control



ACCEPTED ABSTRACTS POSTER DISPLAYS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Anaesthesiology	Javier Lasala	PP-0011	Postoperative Shivering may represent Promethazine-Associated Extrapyrimal Symptoms Rather than Hypothermia in an Enhanced Recovery Cohort
	Jiayi Xie	PP-0124	Association Between Preoperative Triglyceride-Glucose (TYG) Index and Perioperative Neurocognitive Disorders: A Meta-Analysis
	Bokang Yang	PP-0125	Effects of Cerebral Oxygenation-Guided Haemodynamic Management on Postoperative Complications in Non-Cardiac Surgery: a Systematic Review and Meta-Analysis of Randomised Controlled Trials
	Taeyup Kim	OP-0030	Association between Preoperative Carbohydrate Loading and Intraoperative Glucose Levels in Patients Undergoing Pancreaticoduodenectomy: A Single-Centre Retrospective Study
	Kaiyun Fang	EI-0016	Opioid-Free Multimodal Analgesia for Postoperative Pain Control in Paediatric Urologic Reconstructive Surgery: A Prospective Controlled Study
	Yigang Liu	EI-0059	Implementation of Structured Perioperative Anaemia Management Service in a Regional Australian Hospital: Challenges and Outcomes
	Zhi Jiun Yap	EI-0091	Optimising Dynamic Pain Control after Oesophagectomy: Paravertebral Analgesia as Part of a Comprehensive Enhanced Recovery after Surgery (ERAS) Programme
	Tan Rui Xian Nathaniel	EI-0124	Factors Influencing Post-Operative Paralytic Ileus in Patients Undergoing Colorectal Surgery in an Enhanced Recovery After Surgery (ERAS) Centre
Bariatric Surgery	How Yee Li	PP-0083	The Effect of Abdominal Binder Application on Postoperative Outcomes in Bariatric Surgery Patients
	Darren Tan Zi Fei	PP-0129	Postoperative Nausea and Vomiting after Bariatric Surgery within an ERAS Pathway: Incidence and Associated Factors
	Anne-Maree Mooney	EI-0068	Implementation of Enhanced Recovery after Surgery for Bariatric Surgery at St Vincent's Private Hospital Melbourne
Colorectal Surgery	Ying-Chiao Chou	PP-0041	Early Oral Intake and Nutritional Adequacy after Implementation of Enhanced Recovery after Surgery (ERAS) in Colorectal Surgery
	Chia-Ming Wen	PP-0052	Implementation of an ERAS Programme Improves Outcomes after Colorectal Surgery: A Retrospective Cohort Study at Chi-Mei Medical Centre
	Gregg Nelson	OP-0091	Sex Differences in Enhanced Recovery After Surgery (ERAS) Compliance and Outcomes in Adults Undergoing Colorectal Surgery
	Claes Gedda	EI-0008	Reduced Oesophageal Doppler-Guided Fluid Therapy and Perioperative Fluid Administration: A Single ERAS Centre Cohort Study
	Kimberly Yee Hooi Ang	EI-0009	Exploring Patient Perspectives on Nutrition in Enhanced Recovery After Colorectal Surgery: A Systematic Review



ACCEPTED ABSTRACTS POSTER DISPLAYS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Colorectal Surgery	Sim Zheng Ting Jordan	EI-0012	Body Composition Analysis as a Quantitative Imaging Biomarker for Perioperative Risk Stratification: A Retrospective Cohort Study
	Alyssa Bianca D. Regino	EI-0017	Short Physical Performance Battery (SPPB) Using an Automated Performance Test Device as a Predictor of Short-Term Outcomes in Colorectal Surgery
	Jessica Capre-Pereira	EI-0044	ERAS Implementation and Risk of Postoperative Ileus After Colorectal Surgery: A Trial-Emulation Study
	Jessica Capre-Pereira	EI-0045	ERAS and Clinical Outcomes in Older Adults Undergoing Elective Colorectal Surgery: A Trial Emulation Study
	Jessica Capre-Pereira	EI-0046	Factors Associated With Postoperative Complications in ERAS-Treated Colorectal Surgery Patients: Evidence From a Latin American Cohort
	Jessica Capre-Pereira	EI-0047	Ambulatory Colorectal Surgery Following Enhanced Recovery After Surgery Guidelines: Four-Year Experience of a Protocol in Latin America
	Yvette Console	EI-0051	Qualitative Review of Patient-Reported Experience Measures (PREMs) in an Enhanced Recovery After Surgery (ERAS) Planned Colorectal Surgery Programme in a Large Regional Australian Hospital
	Catherine Sinton	EI-0071	Prehabilitation Targeting, Referral Selection and ERAS Adherence After Anterior Resection for Rectal Cancer: A Pathway-Stratified Audit
	Jiya Undre	EI-0102	Assessing Perioperative Practices According to Enhanced Recovery After Surgery (ERAS) Recommendations in Elective Bowel Anastomosis Surgery: A Cross-Sectional Multicentre Observational Study
	Stefan Frederiek A. Claveria	EI-0121	Association Between Preoperative Nutritional Indices (Psoas Muscle Index, Body Mass Index, and Serum Albumin) and Surgical Outcomes in Adult Patients Undergoing Colorectal Surgery Under the Medical City ERAS Protocol: A Retrospective Cross-Sectional Study
	Nicola Cillara	EI-0147	From Concern to Confidence: Patient Safety Outcomes During Early ERAS Implementation
	Karen Ka Wing Chan	EI-0150	ERAS for Nonagenarians: Safety, Compliance, and Outcomes in Major Colorectal Surgery
	Gabriel Liberon Pulido Jazon	EI-0153	Compliance to an Enhanced Recovery After Surgery Protocol for Colorectal Surgery at the Philippine General Hospital
Other topics in relation to perioperative care and improved surgical recovery	Qingqiang Tian	EI-0015	Cost-Effective Acid Suppression in Enhanced Recovery After Gastric Endoscopic Submucosal Dissection: A Network Meta-Analysis Supporting Flexible Drug Selection
	Na Ding	EI-0004	Press Needle as a Non-Pharmacological Adjunct to Multimodal Analgesia Within ERAS After Gastric Endoscopic Submucosal Dissection: A Randomised Controlled Trial
Head and Neck Surgery (ENT)	Wei-Ting Li	OP-0018	Improving Overall Care Outcomes for Oral Cancer Surgery Patients through ERAS



ACCEPTED ABSTRACTS POSTER DISPLAYS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Hepatobiliary Surgery	Cunbin Li	PP-0028	Research on the Implementation of ERAS Concepts combined with TCM Nursing Techniques in the Perioperative Nursing of Hepatobiliary and Pancreatic Surgeries
	Antonie Willner	EI-0086	Effect of Robotic and Laparoscopic Distal Pancreatectomy on Reduction of the Postoperative Surgical Stress Response and Short-Term Outcomes
Other topics in relation to perioperative care and improved surgical recovery	Chumpon Wilasrusmee	EI-0156	Application of APACHE II and SOFA Scores for Early Outcome Prediction to Support Enhanced Recovery After Surgery in the Ramathibodi Surgical Intensive Care Unit
National Health Policy and Management	Tsorng-Shyang Yang	EI-0101	Sustaining Success in a National ERAS Pilot: Two-Year Clinical and Economic Outcomes With Reflections on Implementation Challenges
Neurosurgery	Hoang Thi Phuong	OP-0021	ERAS-Based Nursing Interventions in Patients Undergoing Lumbar Disc Herniation Surgery
Nursing / Allied Health	Hu Hong Lan	PP-0032	Nurses' Knowledge, Confidence and Empowerment in ERAS Feeding and Mobilisation: A Cross-Sectional Survey in a Surgical Ward
	Chang Ya Ting	PP-0042	Breakthrough Pain in Head and Neck Free-Flap Reconstruction: A Quality Improvement Audit and Development of an ERAS-Informed Microsurgical Ward Care Bundle
	Sun Yan	PP-0077	From Protocol Execution to Clinical Judgment: A Nurse-Led Exploratory Study of Decision-Making Boundaries within Enhanced Recovery After Surgery Pathways in Thoracic Surgery Patients
	Eileen Ling Hui Yin	PP-0131	Closing the ERAS Educational Gap: An Integrative Review for Workshop Design for Perioperative Nurses
	Suriah Binti Ahmad	OP-0024	Current Readiness and Practice Gaps in Physiotherapy-Led Prehabilitation for Major Abdominal Surgery: A National Survey from Malaysia
	Suriah Binti Ahmad	OP-0064	Does Prehabilitation Translate into Clinically Meaningful Functional Improvement? Interpreting Changes in 6-Minute Walk Distance Using MCID and MDC in Patients Awaiting Major Abdominal Surgery
	Nor Azura Azmi	OP-0068	Does Exercise Intensity Matter in ERAS Prehabilitation? A Pilot Randomised Trial of High-Intensity Interval Training (HIIT) Versus Moderate-Intensity Continuous Training (MICT) for Major Abdominal Surgery
	Guan Xiaoli	EI-0010	A Nursing Practice Study on the Promotion of Gastrointestinal Function Recovery in Colorectal Cancer Patients Undergoing Enhanced Recovery After Surgery (ERAS) through Suspended Moxibustion in Traditional Chinese Medicine
	He Yajing	EI-0024	Clinical Observation of Enhanced Recovery After Surgery Concept Multimodal Analgesia Combined with Traditional Chinese Medicine Nursing in Patients with Pancreatic Surgery during Perioperative Period
	Can Huang	EI-0037	Prevalence and Modifiable Perioperative Risk Factors of Intraoperative Hypothermia in Surgical Patients: A Systematic Review and Meta-Analysis
	Chua Yi Qian Salan	EI-0050	Reintegrate Early Into Home (REHOME) After Total Knee Replacement: A Retrospective Cohort Study



ACCEPTED ABSTRACTS POSTER DISPLAYS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Nursing / Allied Health	Boon Theng Tan	EI-0056	Less Is More: Reducing Antibiotic Burden in Elective Colorectal Surgery Preparation
	Su Yan	EI-0093	Application of Standardised Multidisciplinary Collaborative Whole-Process Quality Management Based on Enhanced Recovery After Surgery in Patients Undergoing Hepatectomy for Hepatocellular Carcinoma
	Su Yan	EI-0094	Effect of Acupoint Application of Traditional Chinese Medicine Combined with Enhanced Recovery After Surgery on Postoperative Recovery of Intestinal Function in Abdominal Surgery Patients: A Randomised, Single-Blind Controlled Trial
	Bonnie Jang	EI-0108	Understanding the Gaps: Nurse-Identified Barriers to Postoperative Oral Nutritional Supplement Adherence
	Lynn Tan	EI-0113	Selective PVRU Optimisation Project in Elective Colorectal Surgery
	Marena F Douglass	EI-0117	Improving Nursing Confidence on Early Ambulation of Postoperative Orthopaedic Patients Through Multimodal Education
	Maria Provenzano	EI-0148	The Role of Nurses in Driving ERAS Pathway Implementation for Colorectal Surgery: A Pre-post Observational Study
Obstetrics & Gynaecology	Kaiyun Fang	EI-0069	Factors Associated with Length of Stay (LOS) After Gynaecological Oncology Surgery Under an ERAS Pathway: An Accelerated Failure Time (AFT) Analysis
	Bui Thien Nghiep Vo	EI-0055	Effect of Cooling Interventions on Postpartum Blood Loss: A Systematic Review and Meta-Analysis of Randomised Controlled Trials
	Kaiyun Fang	EI-0055	Evaluating the Impact of ERAS Adherence on Postoperative Length of Hospital Stay (LOS): An Accelerated Failure Time (AFT) Analysis Based on Gynaecological Oncology Procedure
	Aidan Shanahan	EI-0081	Enhanced Recovery After Caesarean Section and the Impact on Patient Outcomes
	Sie Ong Ting	EI-0104	Enhanced Recovery After Caesarean Section: Compliance and Clinical Outcomes in a Tertiary Obstetric Unit
	Kristin Black	EI-0116	Opioid Use Following Minimally Invasive Hysterectomy for Gynaecological Cancer within an Enhanced Recovery After Surgery (ERAS) Same-Day Discharge Quality Improvement Initiative
	Cindy Jiaxin Xue	EI-0155	Patient Experiences of Pain Following Laparoscopic Hysterectomy for Gynaecological Cancer within an Enhanced Recovery After Surgery (ERAS) Same-Day Discharge (SDD) Programme



ACCEPTED ABSTRACTS POSTER DISPLAYS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Orthopaedic Surgery	Kaiyun Fang	PP-0009	Impact of ERAS on Postoperative Acute Kidney Injury After Primary Total Hip/Knee Arthroplasty: Individualised AKI Risk and ITE Estimation Under Two Perioperative Strategies (Single-Centre Retrospective Cohort)
	Kaiyun Fang	PP-0017	No "Do-Not-ERAS" Subgroup Identified: ERAS is associated with Lower Acute Kidney Injury (AKI) Risk in Patients After Primary Total Hip/Knee Arthroplasty (THA/TKA)
	Ye Yu	PP-0022	Auricular Acupressure Combined with Emotional Care for Postoperative Pain and Anxiety Management in Meniscus Surgery Patients: A Randomised Controlled Trial
	Sadiah Othman	PP-0130	Pilot Enhanced Recovery After Surgery (ERAS) Programme for Patients Undergoing Total Knee Replacement (TKR) in a Private Hospital Setting in Singapore
	Zhouwei	OP-0059	Exploration of the Nursing Pathway for Day Surgery in Shoulder Arthroscopy Based on the Concept of Enhanced Recovery After Surgery (ERAS): A Prospective Pre-Experimental Study
	Lina Sim Si Bei	OP-0081	Empowering Nurses: A Quality Improvement Initiative to Enhance Early Recovery and Reduce Length of Stay in Elective Total Knee Replacement Patients
	Lina Sim Si Bei	OP-0082	SWAN (Start Walking With Nurse) on Postoperative Day 0 After Total Knee Replacement: A Nursing-Led ERAS Service Innovation
	Tang Guang Xiang	OP-0084	Impact of NSAID Allergy on Enhanced Recovery After Surgery (ERAS) Outcomes in Total Knee Arthroplasty: A Single-Centre Retrospective Cohort Study
	Tang Guang Xiang	OP-0085	Enhanced Recovery After Surgery (ERAS) Outcomes Following Total Knee Arthroplasty With and Without Ketorolac in Local Infiltration Analgesia
	Li Zhang	OP-0088	Retrospective Cohort Study on the Impact of ERAS Care Pathway on Postoperative Pulmonary Complications in Elderly Patients with Hip Fractures
	Yap Yan Mei	EI-0005	Reducing Length of Stay for Elective Total Hip Replacement Through an Enhanced Care Model at TTSH
	Kaiyun Fang	EI-0013	Enhanced Recovery After Surgery (ERAS) Significantly Reduces Postoperative Acute Kidney Injury (AKI) After Primary Hip and Knee Arthroplasty (THA/TKA): A Single-Centre Propensity Score Cohort Study
	Yap Ming Quan Wayne	EI-0083	Enhanced Recovery After Spine Surgery (ERASS) – A Workflow to Improve Perioperative Care After Lumbar Fusion Surgery
	Tan Tong Leng	EI-0125	Enhanced Recovery After Surgery Protocol for Total Knee Replacement Equalises Early EuroQol Five-Dimension (EQ-5D) regardless of Technology used
	Tan Tong Leng	EI-0126	Use of Robotic Assistance in Total Knee Arthroplasty Further Shortens Length of Stay with Enhanced Recovery After Surgery Protocol
Faith Sze Xin Rei	EI-0131	Robotic Assistance Improves Length of Stay in Unicompartmental Knee Replacement with Enhanced Recovery After Surgery	



ACCEPTED ABSTRACTS POSTER DISPLAYS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Orthopaedic Surgery	Benjamin Sim Chuan Yi	EI-0135	Unplanned Conversion From Day Surgery to Inpatient Care After Total Knee Replacement in an ERAS Setting: A Retrospective Review
	Jacqueline Liew	EI-0137	Enhanced Recovery After Surgery in Primary, Complex-Primary, and Revision Total Knee Arthroplasty: A Comparative Outcomes Analysis
	Huang Shi Rui	EI-0138	Impact of Intra-Operative and Post-Operative Dexamethasone on Outcomes following Total Knee Replacement
	Tan Tong Leng	EI-0143	Scaling Enhanced Recovery Pathways Across a Healthcare Cluster to Transform Total Knee Replacement Care: The One NHG Experience
Other topics in relation to perioperative care and improved surgical recovery	Stephanie Langton	EI-0065	"Prepared, Informed, Supported?" Exploring Patient Experience After ERAS Implementation
Plastic Surgery	Benjamin Neo	PP-0112	Redefining Education for Breast Oncology and Reconstruction (REBORN): A Digital Intervention to Support Informed Decision-Making in Breast Reconstruction Surgery
Other topics in relation to perioperative care and improved surgical recovery	Anne M Haase	OP-0090	Co-Designing Prehabilitation in Pacific Communities: Pacific Experiences for Improving Prehabilitation Service Delivery
Surgical Oncology	Antonie Willner	EI-0130	Impact of Personal Outfit on Postoperative Mobility, Physical and Mental Recovery After Abdominal Surgery: The Randomised Dress-Up Trial
Thoracic Surgery	Ho Tat Bang	OP-0005	Improving ERAS Compliance and Patient-Reported Recovery After Lobectomy: A Continuous Quality Improvement Experience From Vietnam
	Eren Zenci	EI-0002	The Effect of Bilevel Positive Airway Pressure (BPAP) Application on the Prevention of Postoperative Respiratory Complications in Patients Scheduled for Anatomical Lung Resection
Vascular Surgery	Aphanan Leelatanon	OP-0009	Enhanced Recovery After Surgery Protocol for Endovascular Abdominal Aortic Aneurysm Repair: A Prospective Cohort Study From Thailand



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Panel discussion followed by Q&A; Lunch provided



Moderator

Dr. How Kwang Yeong

MBBS, MMed (Surgery), FRCS (Edinburgh)
Colorectal surgeon, Tan Tock Seng Hospital, Singapore



Panelist

Dr. Frederick Koh

MBBS (S'pore), MRCS (Edin), MMed (Surg), FRCS (Edin), FAMS (Surg)
General surgeon, Sengkang General Hospital, Singapore



Panelist

Dr. Luqman Mazlan

MD. MS. (General Surgery) Fellowship in Colorectal Surgery (Sydney/Malaysia)
Consultant Colorectal & General Surgeon
Medical Director & PIC, PICASO Hospital, Malaysia

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Time/Room	Road to Recovery — Enhanced by Nutrition Train-the-Trainers: Role of Surgical Care Teams in Perioperative Nutrition in Enhanced Recovery
1200 – 1900	Room 308 – 311, Level 3
1130 – 1200	Registration & Networking
1200 – 1205	Welcome Jose Rodolfo V. Dimaano Jr
1205 – 1245	From Evidence To Implementation: Overcoming Barriers To Nutrition-led Recovery Through Surgical Team-led Interventions Krista Haines, United States
1245 – 1325	Advancing the Evidence: HMB’s Mechanisms and Clinical Impact in Recovery Philip Atherton, United Kingdom
1325 – 1400	Lunch Break
1400 – 1415	Asia-Specific Reference Values for Muscle Strength, Mass and Function: What the Latest Data Means for Clinical Practice Siew Ling Tey or Yen Ling
1415 – 1455	ONS in Surgical Patients: Real-World Outcomes and Economic Value Paul Wischmeyer, United States
1455 – 1535	Panel Discussion Gaps In Surgical Care Team Practices: Impact On Perioperative Oral Nutrition Moderator: Krista Haines, United States Panellists: Gao Shu Lin, Taiwan Varut Lohsiriwat, Thailand Arjun Khanna, Indonesia
1535 – 1615	From Theory to Action: Asian Success Stories in Perioperative Nutrition Jeff Inciong, Philippines Ho Huu Duc, Vietnam
1615 – 1730	Practical Solutions for Surgical Care Team in Perioperative Oral Nutrition Moderator: Jeff Inciong, Philippines Surgeons Captain: Varut Lohsiriwat, Thailand Ho Huu Duc, Vietnam Shuenn-Wen Kuo, Taiwan Frederick Koh, Singapore Lim Shyang Yee, Malaysia Critical Care: Albert Albay, Philippines Kaweesak Chittawatnarat, Thailand Jay Kothari, Indonesia
1730 – 1750	Coffee/Tea Break



PRE-CONGRESS: ABBOTT TRAIN-THE-TRAINERS WORKSHOP DAY 1, 14 MAY 2026, THURSDAY

Time/Room	Road to Recovery — Enhanced by Nutrition Train-the-Trainers: Role of Surgical Care Teams in Perioperative Nutrition in Enhanced Recovery
1750 – 1840	Surgical Care Team-Led Perioperative ONS — From Pre-operative Optimisation to Post-Discharge Recovery Mohammad Shukri AJahit, Malaysia
1840 – 1850	Guide for local implementation Jose Rodolfo V. Dimaano Jr Rasika Bhat
1850 – 1900	Closing Remarks, Post-assessment and Group Photo
End of Abbott Train-the-Trainers Workshops	



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